

# Credentials of Clarity University

In October 1981, some of the top medical research scientists and Lymphologists in the International Society of Lymphology (I.S.L.) encouraged Dr. West to start an Academy to educate the lay public concerning the importance of the lymphatic system. They said, "We are all for education, go do it!"

As a result of what happened at the November 1983, I.S.L. congress that was held in Tel Aviv, Israel, we present the following seven credentials and related facts and events to illustrate the validity, the importance and immediate need to get this research to the lay public so they will know the relationship between blood proteins, the lymphatic system, and pain, loss of energy, disease and death at the cell level.

These credentials provide a solid foundation for Clarity University.

## THE SEVEN CREDENTIALS

### I. The Textbook of Medical Physiology by Arthur C. Guyton, M.D.

This is the major Medical Text that is used in the Clarity University programs. This is the only medical text in the United States that is written by a medical Lymphologist who understands the relationship between the blood proteins, the lymphatic system, and pain, loss of energy, disease, and death at the cell level. From the second edition that was published in 1961, through the sixth edition that was published in 1981, *Dr. Guyton made it very clear* that there is a direct relationship between excess or trapped blood proteins in the spaces around the cells and pain, loss of energy, disease and death. In fact, Dr. Guyton says that the removal of the blood proteins from the spaces around the cells by the lymphatic system "is an absolutely essential function, without which we would die within about twenty-four hours." *As Dr. Smith a president of the I.S.L. said*, this research "...receives almost no attention from the medical profession..." and "...Many research workers will get incorrect results...through simple ignorance of the importance of the lymphatics."

### II. The Golden Seven Plus One by C. Samuel West D.N., N.D., Chemist, Lymphologist

This is the only textbook that is written specifically for the lay public on this research. It is also the only book that explains why and how the blood proteins produce pain, disease and death at the cell level and what we must do to keep the blood proteins circulating via our lymphatic system.

*This text contains a thirty-one-step equation*, written by Dr. West in 1980, which has received International recognition. The importance of this equation is that it describes the discovery made by Dr. Arthur C. Guyton in 1961. This discovery revealed that a healthy body must be in the "Dry" State where there are no trapped blood proteins in the spaces around the cells. In 1979, Dr. West was in Florence, Italy, when Dr. Guyton presented this discovery to the Lymphologists at the 7th

International Congress of Lymphology. The Golden Seven Plus One is based upon this discovery. *The Golden Seven* stands for seven major discoveries that relate to the "Dry" State of optimum health. The *Plus One* stands for the equation that describes the "Dry" State where you cannot have pain and/or disease in your body!

By using this thirty-one-step equation that describes the "Dry" State, Clarity University's Lymphologists are now able to explain in detail why and how trapped blood proteins in the spaces around our cells produce the conditions that cause pain, loss of energy, and disease; and also what we must do mentally, nutritionally and physically to prevent and if possibly reverse these conditions.

### III. The "Proposed Lymphatic Manifesto."

This proposed Manifesto was presented by Casley J. Smith M.D. at the November 1983, I.S.L. Congress in Israel. This great document is reproduced in the *Instructors Manual*. Again, what a statement from the president of The International Society of Lymphology!

This explains *why* 99.9% of all medical doctors in the United States and all other nations have no knowledge of this essential "lifesaving research!"

This document also verifies many of the statements in *The Golden Seven Plus One* which was published prior to this great document. It also confirms the validity, the importance and the immediate need for the role of Clarity University in qualifying Certified and Registered Lymphologists, and Doctors of Preventive Medicine (and so forth) to help get this research to the nations of the earth as fast as possible.

We must learn and understand when the blood proteins become trapped in the spaces around our cells, they cluster or stick together like glue, and in this condition they can stay there for a lifetime. The cause of this weakened condition is then passed on to our children. If our children continue to break the laws, every generation will continue to get worse. We must learn that this is why seven out of ten are now being killed with heart disease and cancer, and why cancer is now becoming the number one killer of children, and it is getting worse! As Dr. Joe Nichols M.D. stated in his book, *Please Doctor, Do Something*, "There is an epidemic of heart disease, diabetes and cancer in this country, that will destroy America unless we do something quickly to stop it!" These statements are crystal clear! This research reveals that the only people who are going to be saved from the unprecedented destruction by disease - are those who learn and obey the mental, nutritional and physical laws of health that are necessary to keep the blood proteins circulating in their bodies via the lymphatic system!

Let us all be thankful for this knowledge, and regardless of race, color or creed, let us be united "to work for the relief of the ills and suffering of humanity." A great man once said, "Our Strength will come from our differences when we are united on a single goal." Has the time come that we do it?

#### IV. The "Special" June 1982 Newsletter of the I.S.L..

In this newsletter, the I.S.L. gave special recognition to Dr. West. See events four, five and six below.

#### V. The I.S.L. Membership Card dated 1979, and the 1982 membership list. (See event number one below.)

#### VI. The I.S.L. 1983 Book of Abstracts.

This book contains the abstracts of papers that were presented at the 9th International Congress of Lymphology in Tel Aviv, Israel in October of 1983. Pages 290 & 291 out of *The Golden Seven Plus One*, which Dr. West presented, were reproduced in this book of abstracts. These pages contain definitions and step thirty-one of the equation showing how trapped blood proteins produce the conditions that cause obesity, high blood pressure, heart disease, viral infections, bacterial infections, allergies, pain, cancer, arthritis, M.S., Polio, Spontaneous Human Combustion and other diseases.

#### VII. The Outstanding Advisory Board of the Clarity University.

As the result of Dr. West going to Israel, some of the top medical Lymphologists **in the I.S.L. are now on the advisory board of Clarity University. They are: Dr. H. S. Mayerson, Ph.D., USA, founder of the I.S.L., in 1966; (he lectured on the lymphatic system for Dr. Guyton, who wrote Clarity University's major medical text); Leo Clodius, M.D., Switzerland; (he was pres. of the I.S.L. in 1979 when Dr. West was in Italy, Pres. Clodius told Dr. West, "Put your discoveries on film - get before and after pictures - that is your proof, and we will let you show them"). Michaly Foldi, M.D., West Germany; (he presented evidence in Israel that surgery was no longer needed for Elephantiasis. He trains massage therapists in Germany to move excess fluids through the lymphatics); Mario Degni, M.D., Brazil; (he was an I.S.L. Pres. elect in 1983 in Israel); Waldemar Lech Olszewski, M.D., Poland; (he has proven the "light fast stroke" moves the lymphatics); Avigdor Zelikovski, M.D., Israel; (when he saw step thirty-one of the equation Dr. West wrote, he said, "If people get their bodies in this condition, it will close the hospitals." Also, his research has proven that bouncing [mini-trampoline] moves the lymphatics); and Giuseppe Accarpio, M.D., Italy. Other doctors on this board are: Lester G. Rose, M.D., USA; (he has been in preventive medicine for 15 years, he says, "The Blood Protein Research is the most exciting thing I have ever seen!"). Surindar S. Bedi, M.D., USA; (he is willing to come and work with Dr. West). Charlotte Lodi, M.D., USA; (She is from Germany. She has now become qualified as a Certified Lymphologist); H. Rudolph Alsleben, M.D., D.O., USA; (he is famous for his knowledge and the role he has played in preventive medicine), and Vartan K. Tatarian, a graduate of UCLA medical school and a biochemist, USA; (he said "I consider Dr. West's basic formula for a healthy cell to be central to a huge web of biochemical disturbances that mediate disease at the cell level").**

## Chronological Order of Facts and Events:

### ONE

Dr. West was accepted as a member of the I.S.L. at the 7th International Congress of Lymphology in Florence Italy in 1979. This is confirmed by the 1982 Membership List that was sent to Dr. West by the I.S.L..

### TWO

In June of 1980 Dr. West wrote a thirty-one-step equation to describe the discovery that Dr. Guyton made which revealed the "Dry" State condition the cells must be in to be healthy. There are no trapped blood proteins around the cells in this state.

### THREE

As the result of an invitation from Raymond W. Bélanger, M.D., President of the 8th International Congress of Lymphology held in Montreal, Canada, in 1981, Dr. West presented the complete thirty-one-step equation to a committee composed of some of the top medical lymphologists in the world. A certificate of this presentation is reproduced in *The Golden Seven Plus One*. There was no objection to the validity of this equation; this makes this Certificate, *The Golden Seven Plus One* and the *Applied Lymphology Course* priceless.

### FOUR

After Dr. West presented the above thirty-one-step equation, which shows how trapped blood proteins produced the conditions that cause pain, loss of energy, disease and death at the cell level, he was encouraged by some of the top medical lymphologists in the I.S.L. to start the Academy and to qualify Registered Lymphologists to teach this research to the lay public.

### FIVE

Immediately upon his return home, Dr. West started the I.A.L. in Orem, Utah, and registered the same with the state in 1982, which is Clarity University's lineage.

### SIX

Without Dr. West asking the I.S.L. to do anything, they somehow learned that he had organized the Academy. In the June 1982 issue of the I.S.L. bulletin that was sent to all I.S.L. members throughout the world, the only thing listed under "membership activities" was: "An International Academy of Lymphology was started by C. S. West in Orem, Utah, for the purpose of qualifying Registered Lymphologist to teach in the world-wide Family Health Education Centers."

### SEVEN

Using step thirty-one of the above equation, at the 9th International Congress of Lymphology held in Israel, in October of 1983, Dr. West gave two presentations (1) How trapped plasma proteins produce the conditions that cause high blood pressure and heart disease and (2) How trapped plasma proteins produce the conditions that cause cancer and spontaneous human combustion.

### EIGHT

Dr. West came back from Israel with some of the top medical doctors in the I.S.L. on his advisory board.

## NINE

In 1995 - Dr. C. Samuel West and son, Dr. Stephen E. West, went to the 15<sup>th</sup> International Congress of Lymphology, in Brazil. Since Dr. C. Samuel West was asked to be Chairman over presentations, which he had also been approved to present two more presentations, he approved of Stephen E. West who was a participant of that Congress to fill in and explain these two final presentations, "THE CAUSE OF AIDS, HOW THE HIV VIRUS KILLS AND HOW TO STOP IT" and "HOW ENERGY FROM VARIOUS SOURCES CAN ACTIVATE THE LYMPHATIC SYSTEM TO HEAL THE BODY".

In 1998 - Dr. Stephen E. West was asked by his father to accept his Executive Director position in the IAL, which he did. Stephen is also the only one of Dr. C. Samuel West's offspring who has developed 2nd generation educational products and materials, which he's done since 1993.

September 13<sup>th</sup>, 2004, Dr. C. Samuel West passed away from complications after a serious accident. So Dr. Stephen E. West has picked up where his father left off and a newer, bolder name, Clarity University, has been taken to help distinguish the new from the old, and Clarity University holds all the powers and keys to perform everything that it ever has. Further details are describe this transition in the Clarity University Time Line.

These credentials and related facts and events give unprecedented and unquestionable recognition to the Clarity University. They also stress the importance and immediate need of qualifying Certified Lymphologists to get the *Applied Lymphology Course* to the lay public so they can learn why and how trapped blood proteins in the spaces around the cells produce the conditions that cause pain, loss of energy and disease; also what they must do mentally, nutritionally and physically to prevent and possibly even reverse these conditions in many cases.

Therefore, Clarity University has produced the *Applied Lymphology Course* which consists of *The Golden Seven Plus One* and the *Examination for Certification in Lymphology*, with more than 250 well structured questions. We even provide the page numbers in *book* where to find the answers (open book/take home). Also, several audio and video materials are given to those who obtain this course.

Those who get involved with this research are blessed in many ways. With the help of the many educational materials provided by Clarity University, you will learn: (1) how to prevent and possibly reverse high blood pressure, heart disease, viral infections, bacterial infections, allergies, pain, cancer, arthritis, M.S., polio etc., (2) how to help relieve the pain of: migraine headaches, lower-back pain, sciatic nerve problems, sore arms, legs, painful joints and other problems; and (3) how to help reverse injury, and relieve the pain in smashed fingers etc. How valuable is this knowledge?

In fact, without this information it is impossible to fully understand the cause of pain, loss of energy and disease and what you must do to prevent & reverse these conditions! (After you gain this knowledge, what would you want to trade it for if you could never get it again?) That's why those who answer the examination questions get so excited!

## *The Challenge*

"Our strength will come from our differences  
when we are united on a single goal!"